



## PROSTATE CANCER SUPPORT

### Onkaparinga Group South Australia

An affiliate Member of the Prostate Cancer Foundation of  
Australia

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A member of  
The Association of Prostate Cancer Support Groups (S.A.) Inc.

**OUR GOLDEN RULE:** We do not give medical advice, your GP, your Urologist and Allied Health Professionals are the only people who are legally qualified to give you medical advice.  
We do however give you our wholehearted support.

### **SEPTEMBER 2004 NEWSLETTER**

Meeting held at Noarlunga Community Hospital  
On Wednesday September 1<sup>st</sup> from 6.30pm to 8.30pm.

Chair: John Shields

Present: 14

Apologies: Jack and Christine, and Ann.

We did not have a Guest Speaker tonight so had an informal around the table chat about where we went to School and where we are at right now with our Prostate Cancer.

### **SURVEY**

A survey was taken to decide whether we would move our meetings to the new Christies Beach Surf Lifesaving Club, or stay where we are.

Our next meeting is at the new club and this will give our members the opportunity to see it for themselves and then make a decision.

### **INFORMATION TABLE**

Some members have offered to help out on the Information Table at Colonnades on Saturday September 18<sup>th</sup> and this will be very much appreciated. If you are able to spare even half an hour on Saturday, please come along and support us. We will be on the upper floor near Watchworks.

## **QUIZ NIGHT**

Saturday September 18<sup>th</sup> is also the date of the Quiz Night at the Port Noarlunga Christies Beach RSL Sub Branch, which is on the Esplanade just up from the Port Noarlunga Jetty.

Prizes are still being donated and thanks to everyone who has already donated something to help swell the prize pool.

Some people will bring a prize with them on the night, so please come along and if possible bring some friends, and help make this night a huge success for our Group.

## **AWARENESS MEETING**

We should know very soon what the date is going to be for the Awareness Meeting and I will let you know as soon as this has been arranged.

If it is late October or early November we would not need to have the normal Support Group Meeting on Wednesday the 3<sup>rd</sup> of November.

## **MAID OF THE MIST NIAGARA FALLS THERE'S MAGIC IN THE MIST**

The postie has just delivered a postcard from David and Anne Leonard who had been sightseeing at Niagara Falls.

They said that Toronto and Niagara Falls were the Jewel in the Crown so far, let's hope that they continue to enjoy what must surely be a wonderful experience.

## **OUR NEXT MEETING**

**WHEN**

**WEDNESDAY OCTOBER 6<sup>TH</sup> 2004.AT 7PM.**

**WHERE**

**CHRISTIES BEACH SURF LIFESAVING CLUB  
ESPLANADE CHRISTIES BEACH**

**OUR GUEST SPEAKER IS**

**DOCTOR CAROLE PINNOCK, RESEARCH SCIENTIST  
UROLOGY UNIT REPATRIATION GENERAL HOSPITAL DAW PARK**

**WE LOOK FORWARD TO SEEING YOU THERE**