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And, your Family



PROSTATE CANCER SUPPORT **City of Onkaparinga Group** **South Australia**

**An affiliate Member of the Prostate Cancer
Foundation of Australia, and a member of:-
The PCFA Central Australia Chapter**

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OUR GOLDEN RULE: We do not give medical advice, your GP, your Urologist and Allied Health Professionals are the only people who are legally qualified to give you medical advice.

We do however give you our wholehearted support.

Thank you to Noarlunga Community Hospital for allowing us to use the Boardroom for our meetings. Thanks also to our Sponsors: Southern Primary Health and to all who support us.

MARCH 2013 NEWSLETTER (No 103)

Your own local Newsletter

Our President/Editor John Shields accepts responsibility for the content of this newsletter.

MINUTES:

**Meeting held on Wednesday 6th March at 6.30pm
In the Boardroom at Noarlunga Community Hospital
Alexander Kelly Drive
Noarlunga Centre.**

Present: 9

Visitors: Carol Tasker RN, RDNS

Apologies: Phyllis, Gladys and Ann.

A separate apology was given by Lauren Wood, Prostate Cancer Specialist Nurse RAH, who unfortunately was unable to attend due to another commitment.

Lauren will attend one of our meetings in due course.

Our Chairman welcomed Carol Tasker to our meeting, Carol who is a Registered Nurse, is working with RDNS Morphett Vale and had been attending Phyllis for some time, dressing the wound after her Appendix Operation.

During one of her visits Carol told us of her interest in the Prostate Cancer aspect of Men's Health and said that she would like to attend one of our meetings. While talking about Prostate Cancer Support Carol said that she would not only like to attend one of our meetings, but would like to talk with our Group about Prostate Cancer.

Carol will be Guest Speaker at our April 3rd meeting. Carol, who is a local out here in the City of Onkaparinga, is also interested in further education as a Prostate Cancer Nurse, and I would like to wholeheartedly support Carol in her desire to pursue this very desirable aspect of her career, and will ask the Central Australia Chapter to follow this up

We are very fortunate to have someone of Carol's calibre living in our local community, and her genuine interest in Prostate Cancer needs to be given the credit it deserves. The next meeting of our Chapter Council is on Wednesday 5th June and I suggest that Carol be invited to attend that meeting.

June is a long way off and we need to keep this "on the front foot" so a preliminary meeting with the Chapter Council Executive might be the best way to go.

After explaining that we would be watching a DVD about advances in Advanced Prostate Cancer, our Chairman invited members to participate in a "round robin" talk about their own experiences health-wise, but particularly with Prostate Cancer since we last met, and it is good to know that members are quite happy to talk in detail about the effect that illness is, or has been, having on their lives.

Members were particularly interested in getting an update on Peter Kiley who has been a stalwart of our Group for nearly ten years and is someone who I always look up to as a strong personality, an excellent character and a wonderful example to anyone who is going through an unrelenting illness like Advanced Prostate Cancer. Peter, you are a gem. And we all know that Christine is a tower of strength in supporting you Peter. What a team

Another original member, Brian Foreman, gave us a detailed report of his activities over the last month and how much travel it now involves. Brian is very competent in his woodwork, as the Gong & Gavel that he presented to our Support Group so many years ago is testament to, and it would be good if Brian and other locals did not have to travel to St Pauls College at Gilles Plains, to continue to create woodwork that has a very professionally made appearance. Brian and Rhonda are coping well with his progress and it is good to see them like others, both being there at each meeting to give their support to new members and visitors.

Ian, Malcolm and Beverley are also members who joined our Group either at the beginning or soon after and it is good to have people who have such a strong interest in Prostate Cancer Support-Supporting our Group.


New Advances in the Treatment of Advanced Prostate Cancer;

This is a very interesting DVD and it compares treatments now available for Advanced Prostate Cancer with what may be available sometime in the future.

Like all new discoveries, Prostate Cancer Treatment is no different, the ideas can be very realistic and bring great hope to future generations, however hope is all that they can bring to us right now.

The DVD covers everything that we know about Advanced Prostate Cancer and because of its promise of things to come, plus the very good questions and answers at the end, is an excellent presentation that will bring hope to many people and so is well worth while watching.

Dr Patel's report about Abiratrone is very encouraging as is the fact that last November, PBAC recommended listing on a cost minimisation basis with Cabazitaxel and cost effectiveness basis, which compared with best supportive care. I have emailed and enclosed copies of the request from our National Office to give support and action to ensure Abiraterone is listed on the Pharmaceutical Benefits Scheme (PBS) without delay. Let's give it our best shot

 **OUR NEXT MEETING**
IN THE BOARDROOM AT NOARLUNGA COMMUNITY HOSPITAL
ON WEDNESDAY 3RD APRIL 2013 AT 6.30 PM.
OUR GUEST SPEAKER: CAROL TASKER RN.