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And, your Family



PROSTATE CANCER SUPPORT **City of Onkaparinga Group** **South Australia**

**An affiliate Member of the Prostate Cancer
Foundation of Australia, and a member of:-
The PCFA Central Australia Chapter**

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OUR GOLDEN RULE: We do not give medical advice, your GP, your Urologist and Allied Health Professionals are the only people who are legally qualified to give you medical advice. We do however give you our wholehearted support.

Thank you to Noarlunga Community Hospital for allowing us to use the Boardroom for our meetings. Thanks also to our Sponsors: Southern Primary Health and to all who support us.

JUNE 2013 NEWSLETTER (No 106)

Your own local Newsletter

Our President/Editor John Shields accepts responsibility for the content of this newsletter.

**Luncheon held on Sunday 2nd June 2013 at 11.30am
In the Canteen Diningroom at Noarlunga Community Hospital
Alexander Kelly Drive
Noarlunga Centre.**

Present: 7

In liue of our June meeting we had lunch in the Hospital Dining Room.

Even though only seven of us attended we still had an enjoyable get together and two hours just seemed to disappear.

I have been asked a few times now if the cost of parking is stopping people from attending our Support Group meetings, and should we consider meeting in one of the local halls, and it is interesting to note that three of the couples at the luncheon were able to park free of charge in the Disabled car park at the Hospital, as is the case most of the time when we have our regular meetings.

However this does nothing to encourage our members or new members and visitors to attend our meetings and continue to come back if they have to pay for parking or worse, look for somewhere to park on the street, especially if it is raining.

I mentioned this aspect at our recent Chapter Council meeting and PCFA Board Chairman David Sandoe suggested that I should check with Hospital Management to see if we can get a refund of the parking fee, especially since we meet in the early evening when a lot of people are at home having their evening meal, and a large part of the car park is empty. I have asked Jules to approach Hospital Management on our behalf and will have some feedback for our July meeting.

**David is in favour of us continuing to have our meetings at the Hospital rather than look for another venue and this is in line with my own thinking.
We will discuss this at our July meeting so if you have any suggestions that may improve the situation please come along and talk with us about them.**

Some important information forwarded to me by our Welcoming Officer Beverley Ellis
New plan to tackle prostate cancer, biggest cancer killer among Australian men.

By: Clifford Fram, AAP National Medical Writer

June 08 2013

The Prostate Cancer Foundation of Australia and the Movember Foundation have teamed up to fund a game-changing approach to prostate cancer research. Source: Leader

The search is on for a new way to beat prostate cancer, the second most common cause of cancer-related deaths among Australian men.

In what they describe as a game-changing approach to the way prostate cancer research is undertaken, the Prostate Cancer Foundation of Australia (PCFA) and the Movember Foundation aim to fund two multidisciplinary teams of scientists.

The teams will each receive \$5.25 million over three years.

The whole team working as one must be greater than the sum of the parts, says Movember's Paul Villanti.

"This award seeks to transform the clinical management of prostate cancer by supporting scientific and clinical teams across institutions that are committed to this approach."

PCFA chief executive Dr Anthony Lowe says the two awards take into account the feedback and views of scientists, men's health organisations and other interested parties.

"Thanks to the generosity of Movember, we have been able to invest over \$30 million into two research projects over the past five years. We are thrilled to be getting another award program off the ground."

PCFA on Friday also announced a five-year research strategy.

It will focus on funding, national and international collaboration and supporting innovative projects, including work related to living with cancer as well as scientific research, says Dr Lowe.

"There is a whole journey that men and their families go through with a diagnosis of prostate cancer."

The Foundation is also contributing to national guidelines on PSA testing for prostate cancer.

Dr Lowe acknowledges men are being confused by conflicting advice at present.

The Foundation's recommendation is that men aged 50 and older should talk to their doctor and reach an informed decision about testing.

Men with a family history should start talking to their GP when they turn 40.

Meanwhile researchers at the University of Adelaide are spearheading a new direction in research with the potential for new treatments of the disease.

The researchers have started new studies they hope will overcome major resistance issues with current treatments. The University's research is funded in part by PCFA & Movember.

"This global project is a completely new direction for prostate cancer research," says the university's Professor Wayne Tilley.

Until now the focus has been in finding drugs that will block the action of androgen in prostate cancer cells.

"However, that simply isn't working. We haven't made the major breakthrough that many researchers had been hoping for."

The major international collaboration includes researchers in the US, UK, Belgium and Singapore.

"We're looking at two major types of potential therapies. These treatments look very promising in our laboratory studies, but we have a lot of work ahead to see if they are viable in the clinic," says Professor Tilley

Newsletters received with thanks from Prostate Melbourne, Prostate Heidelberg, Sydney Adventist Hospital Prostate Cancer Support Group and Hobart P.C. Support Group.



OUR NEXT MEETING IS IN THE BOARDROOM AT NOARLUNGA COMMUNITY HOSPITAL ON WEDNESDAY 3rd JULY 2013 AT 6.30 PM.

MEN'S HEALTH SEMINAR

... WHAT'S NEW & WHAT'S TABOO

You and your guests are invited to learn about Prostate Cancer, treatment options and side effects, to restore your quality of life with effective treatment for erectile dysfunction and male urinary incontinence.

Proudly supported by

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Speaker: Urological Surgeon Dr Kim Pese

Date: Wednesday 26th June 2013

Time: 6.30pm registration for a 7.00pm start

**Venue: Masonic Hall, Dyson Road (Bus stop 67)
(near the Goldsmith Drive Intersection)**

Noarlunga Downs SA

Free admission - Reserve your seat now

For further details and to reserve your seat Ph 1800 642 369

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American Medical Systems Inc. has sponsored funding for this patient seminar and accompanying educational material