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And, your Family



PROSTATE CANCER SUPPORT **City of Onkaparinga Group** **South Australia**

**An affiliate Member of the Prostate Cancer
Foundation of Australia, and a member of:-
The PCFA Central Australia Chapter**

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OUR GOLDEN RULE: We do not give medical advice, your GP, your Urologist and Allied Health Professionals are the only people who are legally qualified to give you medical advice.

We do however give you our wholehearted support.

Thank you to Noarlunga Community Hospital for allowing us to use the Boardroom for our meetings. Thanks also to our Sponsors: Southern Primary Health and to all who support us.

NOVEMBER 2012 NEWSLETTER (No 100)

Your own local Newsletter

Our President/Editor John Shields accepts responsibility for the content of this newsletter.

Present: 15

Apologies: Gladys, Trish and Jane.

Our Guest Speaker Dr David Elder

Dr Elder gave an excellent update on the Prostate Gland, where it is, what it does and everything that can go wrong with it including Cancer and explained the latest treatment options, plus the benefits and possible side effects of each treatment.

Dr Elder took questions during and after the presentation and this has always been a feature of Dr Elders presentations and is very much appreciated.

The feedback from our members since the meeting has been very good indeed and we are fortunate to have a local Urologist who is prepared to come to our meeting and talk with our members and be so generous with his time. Thank you Dr Elder.

Newsletter No 100

It seems a long time ago now that I was sitting here working on newsletter number one and I have just re-read my report in our first newsletter following our attendance at Brian Newells funeral.

Brian Newell.

One man's dream into research reality

Brian Newell passed away on November 7th 2003 and I reported this in our first newsletter.

Bryan and Rhonda Foreman and Phyllis and I, attended Brians funeral on November 12th.

Soon after the funeral I received a phone call from Maxine Newell to say that they would have funding available for research, and asked if the money could be deposited through our Support Group. I explained that I had only just started our Support Group and suggested that she contact the PCFA in Sydney, however she thanked me and said that it was Brians wish that the money must stay in South Australia and soon after this the Brian and Maxine Newell Prostate Cancer Foundation was formed.

Brian Newell produced a book on The Old Ghan Railway and Foundation Chairman Terry Crabb, who was Guest Speaker at our December 2004 meeting, gave our Group the opportunity to see some of the photo's and purchase a book for our library. Profits from the sale of this book went to the Maxine and Brian Newell Foundation for research into Prostate Cancer.

The following is the latest excerpt from one of several websites:-

The Cancer Biology Group at the Basil Hetzel Institute For Translational Health Research in Adelaide (BHI) received an unexpected and extremely generous show of community support in the form of a \$27,000 cheque!

Members of the Brian & Maxine Newell Prostate Cancer Foundation are the generous providers of this support, which marks the final donation to prostate cancer research since forming their foundation over 10 years ago.

Two years after being diagnosed with terminal prostate cancer, Brian Newell and his wife Maxine travelled along the Oodnadatta Track, in South Australia, following the "Old Ghan" railway line for several hundred kilometres. Inspired by the landscape and history of the railway, Brian made a profound choice; to produce a work of art to benefit prostate cancer research. This idea grew into the creation of a Photographic Essay Book featuring over 200 stunning images of the Australian outback.

Since his passing, Brian and Maxine's friends have been working to achieve Brian's dream of making an enduring contribution to the fight against prostate cancer. And they certainly have.

In total the Foundation has raised over \$130,495 for prostate cancer research in South Australia. They raised funds by various means, including the sale of 5000 of Brian's books and a Rail to Rocket fundraiser trip.

"On the 10th anniversary of Brian's book we took a trip to relive the steps Brian and Maxine took when shooting images for the book. Fifty six people joined us and we raised nearly \$20,000" said Newell Foundation Chairman Terry Crabb.

"I made a promise to Brian before he died that we would sell all of his books and that the money we raised would go exactly where he wanted it; to prostate cancer research in South Australia. Now I can proudly say it's mission accomplished," he said.

Professor Grant Buchanan, head of the Cancer Biology Group at the BHI is delighted that his research team will be the final benefactor of the Newell Foundation.

"This money will enable the purchase of a Bioruptor NGS Sonicator; an instrument which has an unprecedented capacity to simultaneously shear multiple DNA samples under controlled and exceptionally accurate conditions. This machine is so vital to our work and will dramatically increase efficiency, allowing us to use far fewer important prostate cancer samples," said Dr Buchanan.

We are so grateful for the generosity of the Brian and Maxine Newell Prostate Cancer Foundation for sharing our vision and providing this outstanding level of commitment and support"

VALE: Alison

Alison passed away recently after a long battle with liver cancer.
On behalf of our Support Group we offer our sincere condolences
to Jules Van Kekem and Alison's family.

Newsletters received with thanks from:

Andrology Australia, Prostate Melbourne, Prostate Heidelberg, Sydney Adventist Hospital PCSG and Hobart & Eastern Shores Prostate Cancer Support Groups.

Our end of year get together:

We will need to plan what we want to do in lieu of our December meeting.

Will we do the same as we did in June and have a get together in the Hospital Canteen?

Or do you have an alternative suggestion?

Please don't let me forget to arrange this before we go home!!!

**OUR NEXT MEETING
AT NOARLUNGA HOSPITAL
WEDNESDAY 7th NOVEMBER 2012 at 6.30pm.
We have an interesting DVD to watch
Sexuality and Mid-Life Changes/Ageing
Presented by Dr Lesley Yee
Duration 70 minutes.**



We are still working toward having a PCFA Click for Prostate Cancer website.