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And, your Family



PROSTATE CANCER SUPPORT

City of Onkaparinga Group

South Australia

**An affiliate Member of the Prostate Cancer
Foundation of Australia, and a member of:-
The PCFA Central Australia Chapter**

<http://pcfacentralaustraliachapter.org>

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OUR GOLDEN RULE: We do not give medical advice, your GP, your Urologist and Allied Health Professionals are the only people who are legally qualified to give you medical advice.

We do however give you our wholehearted support.

Thank you to Noarlunga Community Hospital for allowing us to use the Boardroom for our meetings. Thanks also to our Sponsors: Southern Primary Health and to all who support us.


FEBRUARY 2012 NEWSLETTER (No 91)

Your own local Newsletter

Our President/Editor John Shields accepts responsibility for the content of this newsletter.

Present: 9

Apology: "Sandy"

 Although we were few in number we had a very enjoyable meeting with everyone happy to share their Prostate Cancer journey and talk about their general health. Malcolm also spoke about his "retirement" as Chapter Chairman and his strong desire to continue to use the knowledge and experience that he has gained whilst in the chair, for the benefit of all Central Australia Chapter Support Groups, and indeed, new Groups that are planned to start in the not too distant future.

Phyllis and yours truly were going to attend the meeting of the new group at Berri however we were both going through a rough patch with our health and were unable to go. Malcolm, Beverley, Bryan and Kay attended and Malcolm was pleased to report that the meeting was excellent with 12 people indicating a strong desire to form a Support Group. A Chairman, Secretary and Treasurer were elected and the name of the new Group is The Riverland Prostate Cancer Support Group.

We congratulate them and wish the Group well, and look forward to meeting their representatives at our next Chapter Council meeting at the Arkaba on March 15th.

Deputy Chapter Treasurer.

Malcolm also mentioned that he has one more year on the Council the same as me and that reminded me that we do not have anyone "learning the ropes" so to speak, to take over from me as Chapter Treasurer next year, so if you are interested in being the Deputy Chapter Treasurer for the remainder of this year, with the view to take over as Treasurer next year, I will be happy to work with you and keep you up to date with all of the financial reports.

If you live in the Metropolitan area and are interested, please contact the Chapter Chairman Terry Harbour on 8271 0513-Mob 0429012700 or email

harbour@adam.com.au Or if you would like to talk with me first phone 8382 6671 (John)

Fleurieu Cancer Network meeting.

The meeting of the Friendship Group at Christie Downs Community House was held on Thursday 16th February with about 14 in attendance.

We had planned to attend, however as some of our members know, I have two blood clots in my right leg and a Nurse comes and takes blood samples every Monday and Thursday, and I just have to wait until after the Nurse has called before I can go out, so we apologise for not attending as I had indicated.

The new name for the Group is The Southern Cancer Club and the next meeting is on Thursday 15th March 2012 from 1.00pm to 3.00pm.

Many thanks to FCN Chairman Artie Ferguson, for providing our Support Group with some copies of the FCN, My Diary. These are a great help to keep a complete record of every aspect of our Cancer journey.

A reminder also from Jules Ferguson that FCN is currently seeking people's stories of their Cancer journey, whether it is as a patient, survivor, family member, friend or carer, to produce a DVD and or Booklet.

People are invited to write their story (word limit about 500 words) or if comfortable be willing to feature on a DVD. Timeline, end February-Mid March. Or if you know anyone willing to help, Jules will be happy to hear from them and can be contacted on 8186 0048 or through the FCN Website www.fcn.org.au .

 Newsletters received, with thanks, from:-

Prostate Melbourne, Prostate Heidelberg, Sydney Adventist Hospital PCSG, Andrology Australia and Hobart & Eastern Shores Prostate Cancer Support Groups.

 We are still working toward having a PCFA Click for Prostate Cancer website.

 **Could this be funded from the Government Grant for Prostate Cancer Support?**

**OUR NEXT MEETING
6.30PM WEDNESDAY 7th MARCH 2012
DVD: CHRONIC RADIATION-INDUCED RECTAL BLEEDING- ETC.**