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And, your Family



# PROSTATE CANCER SUPPORT

## City of Onkaparinga Group South Australia

An affiliate Member of the Prostate Cancer  
Foundation of Australia, and a member of:-  
The PCFA Central Australia Chapter

<http://pcfacentralaustraliachapter.org>

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**OUR GOLDEN RULE:** We do not give medical advice, your GP, your Urologist and Allied Health Professionals are the only people who are legally qualified to give you medical advice.  
We do however give you our wholehearted support.

Thank you to Noarlunga Community Hospital for allowing us to use the Boardroom for our meetings. Thanks also to our Sponsors: Southern Primary Health and to all who support us.

### SEPTEMBER 2011 NEWSLETTER (No 87)

Your own local Newsletter

Our President/Editor John Shields accepts responsibility for the content of this newsletter.

Meeting held in the Boardroom  
At Noarlunga Community Hospital  
On Wednesday 7<sup>th</sup> September 2011 at 6.30pm.

*Chair: John Shields.*

**Present: 15**

**No Apologies:**

 **New Ambassador Speakers Program.**

Chapter Chairman Malcolm Ellis presented the new program which is much more Prostate Cancer friendly than its predecessor. Malcolm gave an interesting and informative talk about Prostate Cancer, its treatment options and side affects.

This was well presented and gave members the opportunity to ask questions during the presentation. If you know of a Group that would benefit from this, please tell them about it and put them in touch with Malcolm.

 **BUNNINGS BBQ**

Once again we had a successful BBQ at Bunnings on Saturday September 3<sup>rd</sup>.



Our sincere thanks to all who responded to the call for help to make this an excellent fundraiser for our Support Group. Our Mayor Lorraine Rosenberg was a big help by slicing a good supply of onions for us, thanks Lorraine. Our head man Peter, with the onerous task of erecting the Gazebo was the right man for the job and we did not need to put much thought into it because Peter has a head for these things. Thanks Peter, I will get a photo of you for our next edition.

Special thanks also to Peter & especially Sybil (below left) for helping to raise \$189.40 by selling our blue pins. That was a big effort and very much appreciated Sybil.



Thanks also to Malcolm, Beverley, Phyllis, Norman, Ian, Cathy, Rhett, Jordan, Shane, Colin & Gina. If I have forgotten anyone who helped, please accept my humble apology. Your combined efforts helped us to raise \$1268.00 for our Support Group.

Some more good news is, that Bunnings are planning to build another store in Seaford and this will reduce the demand on the Noarlunga Store from Groups wanting to have a BBQ, and will also be there for the Mc Laren Vale Group to have an annual fundraiser. Our local Commonwealth Bank is also having a BBQ to raise funds for Prostate Cancer.

 A report from Southern Health news.

I was pleased to read this report as part of two articles in the August edition, and have permission to include them in our newsletter.

#### New Equipment to assist cancer research.

(Brian, Rhonda, Phyllis and myself attended Brian Newell's funeral back in November 2003 and I reported this in our very first Newsletter. Ref: [www.pcsog.org](http://www.pcsog.org) )

Thanks to two major donations, a new highly sensitive instrument is helping two different groups of researchers find revolutionary new means of testing and preventing prostate cancer. Funded by the Brian & Maxine Newell Foundation for Prostate Cancer Research in addition to a donation from Smiling for Smiddy, the new \$62,500.00 Corbett Rotor-Gene 6000 is used to precisely measure how many times a particular DNA sequence or gene is present in a sample. The purchase of the equipment was enabled by a \$31,000.00 donation from the Newell Foundation, which has been a long time supporter of prostate cancer research at Flinders in memory of the late Brian Newell. Associate Professor Pam Sykes and her team will use the Rotor-Gene to determine whether this research can specifically benefit prostate cancer by measuring the genetic changes in prostate cancer prone mice after they are exposed to low doses of radiation. The team hope to show that low doses of radiation can kill pre tumour prostate cells and therefore prevent cancer forming, in addition to or in replacement of androgen ablation therapy.

 We are still working toward having a PCFA Click for Prostate Cancer website.

**OUR NEXT MEETING**  
**6.30PM WEDNESDAY 5<sup>th</sup> OCTOBER 2011**  
**Graeme Goodings DVD: Cancer – What now?**