

F O R
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Y O U
And, your Family



PROSTATE CANCER SUPPORT City of Onkaparinga Group South Australia

**An affiliate Member of the Prostate Cancer
Foundation of Australia, and a member of:-
The PCFA Central Australia Chapter**

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OUR GOLDEN RULE: We do not give medical advice, your GP, your Urologist and Allied Health Professionals are the only people who are legally qualified to give you medical advice.

We do however give you our wholehearted support.

Thank you to Noarlunga Community Hospital for allowing us to use the Boardroom for our meetings. Thanks also to our Sponsors: Southern Primary Health and to all who support us.

MARCH 2011 NEWSLETTER (No 81)

Your own local Newsletter

Our President/Editor John Shields accepts responsibility for the content of this newsletter.

Meeting held in the Boardroom at
Noarlunga Community Hospital
In The City of Onkaparinga

On Wednesday 2nd March 2011, from 6.30pm to 9.00pm.

Chair: John Shields.

Present: 17.

Apologies: Don and Margaret Cramond and Gladys Curtis.

Welcome: At our March meeting we welcomed new members/visitors, Ken & Jan Nelson and Jeff & Helen Crockford. Our Round Robin gave them the opportunity to ask our members about the various treatment options for Localised Prostate Cancer and some outcomes.

This is an important part of the evenings activities and we look forward with interest to hearing progress reports at our April meeting.

Banking/Reimbursements/ Bunnings:

As reported in the minutes of the Chapter Council meeting held at the Arkaba Hotel on Thursday 17th March 2011, The Central Australia Chapter has changed its banking from Australian Central to the CBA to facilitate the transfer of money from the PCFA Central Australia Chapter account to the various Support Groups. **(Two to sign)**

This now means that the Chapter Treasurer together with either Chairman Malcolm or Secretary Bryan, will now be able to electronically transfer funds from the Chapter A/C to the Support Groups as necessary.

The Cheque from Australian Central has been deposited into our new account at the CBA and as soon as that Cheque is cleared, the money raised by the various Groups and received from Bunnings will be forwarded on to each Group.

Reimbursement Claims.

A suitable date for submitting claims to the Treasurer and being processed by him will be discussed at our next Council meeting on May 4th 2011. In the meantime Support Group Treasurers, please remember that the PCFA Treasurer (Peter Hledik) only works on Tuesday, Wednesday and Thursday each week so it may be good if claims reach H/O on a Monday. Peter also retires very soon and a new Treasurer should have been appointed before the May meeting and working arrangements may change.

Our Guest Speaker: Kevin O'Shaughnessy.

Prostate Cancer recurrence:

I received an email from Kevin who is a lecturer at the School of Nursing and Midwifery Division of Health Sciences University of South Australia wishing to interview men facing Prostate Cancer recurrence.

Kevin's email is as follows:- I am conducting research into an appropriate psychosocial support intervention for men facing prostate cancer recurrence as part of my Ph D studies at the University of South Australia.

If you are willing to be involved in some research, I would value your input.

Firstly, if you could spare some time to have a talk regarding this project it would be much appreciated. Ideally I would like to record an interview either individually or as part of a group regarding your thoughts about trialling the use of a prostate nurse (similar to breast care nurses but specialising in the long term support of men with prostate cancer) for men facing a recurrence of their cancer. IE. Do you think it is an appropriate support? Do you think men would value a prostate support nurse? If you had a recurrence would you use a nurse? Would wives and partners benefit from having a nurse to talk to? Would you pay for the service? What support do you think you might need? I have ethical approval for this phase of the project, and there is a small window of opportunity to get some further support funding. If you are aware of anyone else in your group who you think could contribute at short notice, I would value your input.

I passed this on to Chapter Chairman, Malcolm Ellis and he suggested that we invite Kevin to come and talk with our group about his project.

Kevin also spoke of his previous research into men's experiences post prostatectomy and his plans for the current project.

Kevin was well received and soon found that there was no need to concentrate on a small group of people as we were all interested in the concept of having prostate nurses available not only for men facing a recurrence of their cancer, but for men and their wife/partner/families from the day the man is diagnosed with prostate cancer.

I feel sure that Kevin left the meeting buoyed up by the interest shown by our members.

I would like to recommend to our other support groups that they contact Kevin and invite him to a meeting.

His contact details are:-

Ph: +61 8297 0033

Fax: +61 8302 2168

Mobile: 0412 17 3617

Email: Kevin.O'Shaughnessy@unisa.edu.au

www.unisa.edu.au

TELECONFERENCES:

The next Executive Teleconference is on Thursday April 7th, and the next Chapter Teleconference is on Thursday April 21st at 10.30am.

If you have any items that you wish to have discussed, please talk them over ASAP with Peter, Malcolm or myself. (John)

**OUR NEXT MEETING
WEDNESDAY APRIL 6TH 2011 AT 6.30PM.
P.C DVD. TOPIC TBA.**