

F *We are here* **Y**
O  **O**
R **U**

And, your Family



PROSTATE CANCER SUPPORT **City of Onkaparinga Group** **South Australia**

**An affiliate Member of the Prostate Cancer
Foundation of Australia, and a member of:-
The PCFA Central Australia Chapter**

<http://pcfacentralaustraliachapter.org>

Mail us at:
PO Box 627

**Noarlunga Centre,
SA 5168**

Telephone:

John:(08) 8382 6671

jshields@iinet.net.au

www.pcsog.org

Malcolm: (08) 8326 5588

malell@iinet.net.au

Jules: (08) 8325 8100

Brian: (08) 8556 2012

OUR GOLDEN RULE: We do not give medical advice, your GP, your Urologist and Allied Health Professionals are the only people who are legally qualified to give you medical advice.

We do however give you our wholehearted support.

Thank you to Noarlunga Community Hospital for allowing us to use the Boardroom for our meetings. Thanks also to our Sponsors: Southern Primary Health and to all who support us.

APRIL 2011 NEWSLETTER (No 82)

Your own local Newsletter

Our President/Editor John Shields accepts responsibility for the content of this newsletter.

**Meeting held in the Boardroom at
Noarlunga Community Hospital
In The City of Onkaparinga**

On Wednesday 6th April 2011, from 6.30pm to 9.00pm.

Chair: John Shields.

Present: 17.

Apologies: Gladys Curtis.

Cancer Council SA/Helpline/Information

Ken Nelson brought along an information kit provided to him by the Cancer Council of South Australia. The kit contained all of the relevant information that would be helpful to Ken at this stage of his Prostate Cancer journey. A caller on helpline seeking information about their Cancer and treatment options will talk with the Nurse, who will first of all find out what the diagnosis and current situation is, and then put together the available information that relates to the caller only. This could be segments of the Mr Phip series, Localised or Advanced Prostate Cancer Booklets and other information like Ken showed to us at the meeting, together with Treatment options that are available in Adelaide. This reminded me that I needed to get some of the new Advanced Prostate Cancer booklets for our library and while ordering these I found Barbara to be very helpful indeed. Thanks Ken.

DVD's

Mens Health Seminar-Mens Health Revealed.

ABC "Life Matters" Sex after Prostate Cancer.

RURAL HEALTH.

We were pleased to receive these three DVD's from the PCFA and were going to view one of them at this meeting, but unfortunately, the Speakers for the sound system were missing so Malcolm will make sure that we have our own Speakers for this upcoming May meeting.

Bunnings BBQ's:

The Chapter is still waiting for the balance of the money raised by the Groups at the Bunnings BBQ's to be deposited in the Chapter account, before sending each Group their

share. The retiring PCFA Treasurer has assured us that \$2108.00 is on its way to our bank account at the CBA, however it has not been received by us yet. Malcolm is following this up with the PCFA finance department for us.

ADVANCED PROSTATE CANCER

Chapter Chairman Malcolm Ellis is keen to see more emphasis placed on providing information and presentations on Advanced Prostate Cancer. We have focussed a lot on the diagnosis, treatment and all other aspects of the early stages of Prostate Cancer, including the "Prostate Cancer Journey", while many men, and their wives or partners who attend our meetings are more interested in **ADVANCED PROSTATE CANCER** and the various treatment options.

u-store-it

The Chapter has hired a storage unit at Tonsley Park to store Pamphlets and any **surplus stock**, or **equipment** being held by Support Groups that may be utilised by another Group, especially when a new Group is formed. The key holders are, Malcolm Ellis, Jeff Roberts, John Baulderstone and yours truly John Shields, who will notify Chapter Secretary Bryan Hearn when stock/equipment is stored or distributed so that an accurate record can be kept. Jeff said that a Printer was also in storage and Terry Harbour reminded us that batteries need to be removed from equipment that is going to be held in storage.

Chapter Teleconference: (Chairman Terry Harbour)

A very busy agenda (11 items) kept the teleconference going for just over an hour. It is always pleasing to see an agenda like this as it proves to me that our Chapter is alive and well and very active in the work that we are doing-on a voluntary basis-to not leave a stone unturned, so to speak, in our efforts to provide a "professional" service to our members and to the community.

I will leave the report to our Chapter Secretary and re-state that I agree with the Victoria/Tasmania Chapter to have a report of Chapter Teleconferences electronically sent to our Support Group leaders within 14 days after the Teleconference. This would be item 4:2a on the Central Australia Chapter segment of the Proposed new National Guidelines.

I will ask for this to be put on the agenda for the May 19th Council meeting.

Council vacancies:

This was also discussed and I will mention it here as a very good suggestion has been made that we need to encourage our wife/partner to have an active role on the Chapter Council. It was decided that this would be put on the agenda at every Support Group meeting, so ladies, here is a great opportunity for you to become actively involved in your own Chapter Council and we will welcome you and look forward to your enthusiastic input. (John)

Gawler:

An Awareness Meeting was held at Gawler Uniting Church Hall on Wednesday 9th March. Professor Villis Marshall was the Guest Speaker and this meeting was well attended, however a new Support Group has not yet been formed. We will keep you updated on any progress that is being made.

**OUR NEXT MEETING
WEDNESDAY MAY 4th 2011 AT 6.30PM.
P.C DVD MEN'S BUSINESS REVEALED.**