

F
O
R

We are here



Y
O
U

And, your Family



PROSTATE CANCER SUPPORT

City of Onkaparinga Group

South Australia

**An affiliate Member of the Prostate Cancer
Foundation of Australia, and a member of:-
The PCFA Central Australia Chapter**

<http://pcfacentralaustraliachapter.org>

~Our Patron~

Councillor Artie Ferguson

Mail us at:
PO Box 627
Noarlunga Centre,
SA 5168
Telephone:
John:(08) 8382 6671
jshields@inet.net.au
www.pcsog.org
Malcolm: (08) 8326 5588
malell@inet.net.au
Jules: (08) 8325 8100
Brian: (08) 8556 2012

OUR GOLDEN RULE: We do not give medical advice, your GP, your Urologist and Allied Health Professionals are the only people who are legally qualified to give you medical advice.

We do however give you our wholehearted support.

Thank you to Noarlunga Community Hospital for allowing us to use the Boardroom for our meetings. Thanks also to our Sponsors: Southern Primary Health and to all who support us.

SEPTEMBER 2010 NEWSLETTER (No 75)

Your own local Newsletter

Our President/Editor John Shields accepts responsibility for the content of this newsletter.


AUGUST 4th 2010 MEETING

Chair: John Shields.

Present: 15

Apologies: Don & Margaret Cramond, Gladys Curtis, Ann Goodman, Bill & Rosie Griffin & Philip & Pat Green.

**We welcomed Dave Beames to our meeting tonight.
Dave is waiting for treatment and we wish you all the best Dave.**

 **Our Guest Speaker was unable to attend our meeting tonight however this gave us the opportunity to have a round robin and catch up with where we are all at on our Prostate Cancer journey.**

BUNNINGS BBQ.

A reminder that Bunnings Noarlunga Store will be having a Pre-Fathers Day BBQ on Friday 3rd September and have asked for as many people as possible to attend between 9.00am and 4.00pm to hand out our Prostate Cancer Be A Man Pamphlets and sell the blue Prostate Cancer Pins and Stickers. Money raised from the sale of these items and from the Bunnings BBQ will be a big help to our Support Group to cover future expenses. We have also been advised by Activities Co-Ordinator, Melanie that we can also be in attendance all day on Saturday 4th September with the Pamphlets, Pins and Stickers and on both days we will be seated inside the entries between the two doors which is an ideal place to be.

We have also been advised by our Patron Councillor Artie Ferguson that we can definitely have a BBQ outside Woolworths Supermarket so will wait for the weather to warm up again and have a BBQ then. Thanks Artie.

PCFA PELVIC FLOOR EXERCISES FOR MEN, BY ASSOCIATE PROFESSOR PAULINE CHIARELLI

Many thanks to Wolfgang Schoch, Chairman of Prostate Melbourne for this excellent video. I will give it to our librarian Peter Kiley after having made a copy for myself. It leaves nothing to the imagination. Thanks again Wolfgang.



Advancing Quality of Life International Conference 2010:

This was held at the Gold Coast Convention and Exhibition Centre on Friday 6th, Saturday 7th and Sunday 8th August and attended by approximately 1000 people.

An excerpt from page 11 in the Conference program gives a good indication of what we experienced over the three days.

With the theme “Advancing Quality of Life”, this conference brings together leading Australian and International Speakers. It showcases the latest developments in prostate cancer research, disease management, diagnosis, health promotion, treatment and support.

A unique mix of discussions, networking events and presentations, this conference brings together scientists, nurses, medical practitioners, community organisations, allied health professionals, public health advocates, support group managers, health promotion professionals and government representatives. It is also an important event for all Australians who have an interest in prostate cancer.

The conference features three full days of meetings, workshops and keynote addresses. It provides a unique learning experience for delegates in regard to treatment options, disease management and prostate cancer research.

The conference provides an ideal opportunity to:

***Meet and exchange ideas, information and experience with others in the field.**

***Learn from leading experts from around the world**

***Meet the leading prostate cancer researchers from Australia and around the world.**

***Enhance training and skills development to assist those affected by prostate cancer.**

***Contribute to formulating an agenda for future government funding.**

The conference was well worth while and I am hoping to receive notes and or DVD's to give you more information as it was very hard to manually record while trying to keep up with the pace of the presentations.

I will bring the program to the meeting if you would like to check it out.

SAC Chairman David Gregory has emailed an ABC interview by Norman Swan with Professor Peter Scardino Chairman of the Department of Surgery and head of the Prostate Cancer Program, who spoke at the Conference, and Dr John Mulhall Director of Sexual and Reproductive Medicine, both at Memorial Sloan Kettering Cancer Centre New York.

I have emailed and enclosed this report (16 pages), and for those who are not on our mailing list who would like to read the report-show transcript-and view all comments, listen to it or download Audio, the link is:-

<http://www.abc.net.au/rn/healthreport/stories/2010/2988868.htm>

Our next Chapter Council meeting will be held at the Arkaba Court Motel, Glen Osmond Road Fullarton on Thursday 16th September at 10.00am, and will be hosted by the Payneham Prostate Cancer Support Group.

The Central Australia Chapter AGM will be held in the Barossa at 10.00am on 15th & 16th October: Details will be given at our September meeting.

Newsletters received with thanks from Sydney Adventist Hospital PCSG, Prostate Melbourne & Prostate Heidelberg and Andrology Australia.



We are working toward having a PCFA Click for Prostate Cancer site.

**OUR NEXT MEETING
6.30PM WEDNESDAY 1st SEPTEMBER 2010
IN THE BOARDROOM, NOARLUNGA COMMUNITY HOSPITAL
OUR GUEST SPEAKER IS
RADIATION ONCOLOGIST Dr PHUONG TRAN**