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Y O U
And, your Family



PROSTATE CANCER SUPPORT **City of Onkaparinga Group** **South Australia**

**An affiliate Member of the Prostate Cancer
Foundation of Australia**

Our Patron

~Councillor Artie Ferguson~

**We are also a member of
The Association of Prostate Cancer Support Groups (S.A.) Inc.**

OUR GOLDEN RULE: We do not give medical advice, your GP, your Urologist and Allied Health Professionals are the only people who are legally qualified to give you medical advice.

We do however give you our wholehearted support.

Thank you to Noarlunga Community Hospital for allowing us to use the Boardroom for our meetings. Thanks also to our Sponsors: Southern Primary Health Woodcroft, Willunga Lions Club, Port Noarlunga-Christies Beach RSL Sub Branch, The Original Open Market, toneraction CHRISTIES BEACH, and to all who support our Group.

DECEMBER 2008 NEWSLETTER (No 56)

Your own local Newsletter

END OF YEAR BBQ.

Present: 25

Apologies: Bill and Rosie Griffin, Norman and Fiona Andrew.

Our end of the year BBQ held at the home of our Patron Councillor Artie and his good wife Juli Ferguson, was a great success, and we extend a hearty thank you to them on behalf of our members. Thank you to all who attended, and a special welcome once again to our Mayor, Lorraine Rosenberg, and Willunga Lions Club members Bob and Jac Bishop, who always make an effort to attend.

Juli came up with an idea that made sure that we had an interactive time together and I feel sure that we will continue to make Word Scramble - Body Parts - People Bingo and Pass the Parcel, a part of every BBQ, thanks Juli, I have now put this on the agenda. If anyone would like to help with other ideas, please let us know.

Our raffle saw many prizes shared amongst us, and it was good to see the look of appreciation on the faces of the winners. Jules Van Kekem had to leave early and has a bottle of red to collect at our next meeting.

Many thanks to all who donated items for the raffle, especially the Willunga Lions Club, who donated many soft, cuddly prizes again this Christmas.

The BBQ itself was very enjoyable with the ladies tantalising our taste buds once again with their great salads. Thanks again to Peter Kiley for bringing the meat. Special mention must be made for the tremendous effort that Brian Foreman put in to make sure that we were able to enjoy a first class BBQ by bringing the huge "Barbie" with him.

Thanks Brian & Rhonda, and to all who helped make the day a great success.

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Andre` Rieu:

Several of our members still have stars in their eyes after attending one of Andre`s recent concerts at AAMI Stadium. Phyllis has still not come back down to earth!!! For those who did attend, if they were anything like us, were enthralled by the greatest entertainer of the current era, and his immense and hugely talented entourage. What a wonderful spectacle. What an unforgettable, once in a lifetime experience. What a great privilege to “be there” along with so many thousands of Andre`s fans to enjoy every second of the very best musical entertainment this world has to offer right now. Andre knows exactly what we all love, and expect, and he “*delivers*” with interest. What a man, what supporting stars, what a show, what a night. Even though it was hard to make a choice, the highlight of the concert for me was the three Tenors paying homage to one of the world`s greatest Tenors, Luciano Pavarotti, when they sang Puccini`s “Nessun Dorma”, which is one of my all time favourites, and the standing ovation was both admiration for the excellent rendition by the Tenors, and acknowledgement of Pavarotti`s contribution to Opera, and later, popular music. (His “high c” was one of his trademarks). A fitting tribute from us all. One of the songs after intermission was from the movie Titanic, “My heart will go on”. It just reminded me that I had better stop here, because I too could go on & on. Did someone say that Phyllis is the one who has not come back down to earth???

Interesting to note that the young Australian woman Mirusia Louwerse (of Dutch heritage) who also sang so beautifully, recently won the Dame Joan Sutherland Opera singing award, and it was Joan Sutherland, who in 1963 invited Pavarotti to tour Australia with her – some 40 performances, and they played opposite each other overseas. Pavarotti also credited Dame Joan Sutherland, for the breathing technique that enabled him to sing with such ease, and to reach “high c” with such richness and clarity for so long.

So thanks to Dame Joan Sutherland, we now have a lovely young – 20 year old, Australian singer to carry the flag for us, so to speak. And thanks also to Andre`Rieu. Pavarotti died of Pancreatic cancer just over a year ago at age 71.

NEWS FLASH:

CITY OF ONKAPARINGA PROSTATE CANCER AWARENESS DAY SHIELD.

Our Patron, Councillor Artie Ferguson, has arranged with the South Adelaide Football Club, to have the SHIELD, donated by him, and Auspiced by The City of Onkaparinga Prostate Cancer Support Group - awarded to the winner of an annual SANFL match between South Adelaide and Sturt. The next home match at Hickinbotham Oval, Lovelock Drive Noarlunga Downs, between South Adelaide and Sturt is on Saturday July 18th 2009, and with advertising, and support from our own City of Onkaparinga Support Group, spreading the “word”, we can expect a large crowd at the match. It is anticipated that the SHIELD match between these Clubs will be at Sturt in 2010, and back here in 2011, alternating annually. Patron Artie is also arranging with the PCFA to have a good supply of booklets and other professionally prepared information about Prostate Cancer to be handed out at the match. AWARENESS IS THE NAME OF OUR GAME. An update will be in the next newsletter, after our February meeting.

**OUR NEXT MEETING
WEDNESDAY, 4th FEBRUARY 2009 AT 6.30PM
OUR GUEST SPEAKER
CHRISTINE MITCHELL – COUNCIL ON THE AGEING (COTA)
SAFETY 4 SENIORS**

~ WE WISH YOU ALL A HAPPY NEW YEAR ~