

We are here
F O R
Y O U
And, your Family



**PROSTATE CANCER SUPPORT
City of Onkaparinga Group
South Australia**

**An affiliate Member of the Prostate Cancer
Foundation of Australia**

Our Patron

~Councillor Artie Ferguson ~

We are also a member of
The Association of Prostate Cancer Support Groups (S.A.) Inc.

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OUR GOLDEN RULE: We do not give medical advice, your GP, your Urologist and Allied Health Professionals are the only people who are legally qualified to give you medical advice. We do however give you our wholehearted support.

FEBRUARY 2007 NEWSLETTER

Meeting held in the boardroom at
NOARLUNGA COMMUNITY HOSPITAL
IN THE CITY OF ONKAPARINGA
On Wednesday February 7th, from 6.30pm to 9.00pm.

Thank you to Noarlunga Community Hospital for allowing us to use the Boardroom for our meetings. Thanks also to our Sponsors: Southern Primary Health Woodcroft, Port Noarlunga-Christies Beach RSL Sub Branch, Thaxted Park Golf Club Inc, The Original Open Market, and to all who support our Group.

Chair: John Shields.

Present: 23

Apologies: Carl and Brenda, and Geoff.

IMPORTANT NOTICE.

PROSTATE (CANCER) SUPPORT AWARENESS ADELAIDE GROUP.

CHANGE OF MEETING ADDRESS.

The Adelaide Group now meets at the Fullarton Park Centre, 411 Fullarton Road, Fullarton.

Meetings are on the 3rd Monday of each month-Feb - Nov at 7.00pm.

Reg said that Ian Fisk has obtained stickers to place over the old address in the Pamphlet, and we will need to collect all of the pamphlets that are out in the community to change the address, as people who collect the pamphlet will go to the wrong address if they want to attend the Adelaide Group meetings.

I have removed a lot of the old pamphlets and replaced them with the new address. However, if you see any unaltered, PROSTATE CANCER INFORMATION pamphlets would you collect them and bring them along to the next meeting please?

Thank you to Ian Curtis for offering to take pamphlets to Seaford Library and the Ecumenical centre.

We had only been there a few days earlier so will check with Ian next time.

REG MAYES: Secretary-Treasurer, PSA Adelaide Group.

Our thoughts are with Reg and Amy as Reg is in R.G.H, and has had a growth in his lower bowel removed. Reg will appreciate visitors on or after Wednesday 21st Feb.

Reg can also be contacted by phone at Repat` on 8276 9666

Our Guest Speaker, Ben Stevenson, was unable to attend as his computer had “lost” his diary. He will be attending a future meeting.

Members watched an interesting selection from a Video about Cancer in Rural and Regional Australia. Our thanks to The Cancer Council South Australia for the Video. The three segments all referred to Prostate Cancer at times, and are just as pertinent to us City dwellers as they are anywhere else.

Malcolm is getting some copies for us, so Peter will have some in our Library.

Election/Confirmation of Officers for 2007.

Patron/Publicity Officer (Councillor Artie Ferguson), Social Worker (Jules Van Kekem) President/Secretary etc. (John Shields), Vice President (Malcolm Ellis), Treasurer (Phyllis Shields), Librarian (Peter Kiley), Welcoming Officer (Norman Andrew), Association Committee Representative (Brian Foreman), Website Manager (Ian Fisk).

HELP: We need someone to be our Welfare Officer, to phone or visit, any Member who is sick-at home-or in hospital. Ladies/Gentlemen-or a couple-any offers please?

Who said that?

Q. How do they make *Extra Virgin Olive Oil*?

A. They only pick the most unattractive Olives!!!

**Yesterday is history, tomorrow is a mystery, today is a gift.
That is why it is called “the present”.**

We call one of our mates “blister” because he always appears after all of the hard work has been done!!!

*** RSL: FREE ADVERTISING.**

A big thank you to the Committee of the Port Noarlunga Christies Beach RSL Sub Branch for advertising our Support Group on their behind the bar advertising TV set.

This will ensure that all members and visitors are aware that there is a Prostate Cancer Support Group at the local Hospital, and that they are welcome to attend.

***PROBUS SPEAKING ENGAGEMENT:**

We have been invited to talk to Port Noarlunga Probus Club on Tuesday, 7th August.

We will have an hour for the presentation: 40 minutes/talk, 20 minutes/questions.

This will be at the Port Noarlunga Christies Beach RSL Sub Branch-more later.

INFORMATION DAYS:

It is time for our annual Information Day at Colonnades and Artie is checking this out for us, as well as some other venues, and I look forward to having the first one in the near future, while the weather is still fine.

CANCER SUPPORT NETWORK-ONKAPARINGA.

Welcome Dolf.

Dolf Young has been appointed Project Officer after Liz Moncrief-Philp moved to Port Lincoln recently.

Dolf is working feverishly to establish Support Groups for Ovarian and Lung Cancer, and is leaving no stone unturned in his efforts to do so.

A group has already been started for Bowel Cancer and they meet at the Health Village. We hope that people will soon seek Support for Ovarian and Lung Cancer.

The Network is planning to have a Cancer information day at Colonnades and hope that an area can be set aside for all Cancer Groups to participate. (Thanks Artie)

The Network is also looking for Volunteers, so if you would like to be part of this very important team, please let me know.

Other events that you could help with are, an "Open Day", later on, and a smaller event, in the near future, to bring Cancer Groups and the Community together.

**OUR NEXT MEETING
Wednesday, 7th March 2007.**

Our Guest Speaker.

**Dr Carole Pinnock: Principal Research Scientist, Urology Unit,
Repatriation General Hospital Division of Surgery.
Power point Presentation: Prostate Cancer Research.**

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