

MITCHAM PROSTATE CANCER SUPPORT GROUP

REPORT ON THE MEETING OF 24TH MAY 2007

ISSUES DISCUSSED/MATTERS RAISED AT THE MEETING AND OTHER MATTERS ARISING SINCE THE MEETING

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For more information in respect to the Mitcham Prostate Cancer Support Group please contact Terry Harbour on 8271 0513 or Jeff Roberts on 82773424 or check our website: www.psamitcham.org

**NEXT MEETING -
THURSDAY 28TH
JUNE 2007**

7.00 P.M.

**COLONEL
LIGHT GARDENS
RSL CLUB -
ROOMS 4
PRINCE GEORGE
PDE COLONEL
LIGHT GARDENS**

Acting Editor : Jeff Roberts

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The Meeting

Acting Chairman Jeff Roberts opened the meeting and welcomed the 21 persons present.

Apologies were received from Terry Harbour, Andrew Chester, Reg & Glenys Schluter & Marilyn Harris.

Jeff commented that there were a number of activities re prostate cancer and related issues at present, some details as follows:

Loose Change Day

Friday 29th June

Fundraising activities will take place during much of June. Anyone wishing to volunteer were asked to contact Brent Frewin - 8291 4110.

Community Health Seminars-RSL Salisbury 30/31st May.

RAH Tool box meeting

15th June, Rundle Mall.

Guest Speaker

The guest speaker was a member of the Group, Ian Fisk. Ian presented the PCFA Ambassador Program which included Ian's own story.

Important to state that no form of medical advice is given. Some aspects mentioned:

3 important stages to follow when diagnosed:

Education, awareness, action

What can cause symptoms

Higher mortality rate in Rural areas

Risk factors

Importance of inquiring about a test- PSA & DRE Treatment options

Possible side effects

Making treatment choices

Life after prostate cancer

My view (Editor) is the program achieves the purpose of providing men with clear information on the prostate cancer experience.

Financial Report:

The Group's financial position remains in a satisfactory position. Members approved payments to the RSL Club for the venue and the Action Group for use of their equipment.

Other Matters that Have arisen:

The Commonwealth Bank/PCFA Roadshows in SA are underway with awareness evenings to be held June-August.

Taxotere-a request was sent to members asking them to forward a letter to their Federal MP for the inclusion of Taxotere (for the treatment of prostate cancer) on the PBS.

DISCLAIMER

This Group, either as a Group or individually, does not treat or prescribe for any human disease, and is not a provider of professional advice. Nor does it purport to act as a provider of any professional advice. If any man has concerns about his prostate health, he should consult his health professional. *The Group acts as a means of creating an awareness of prostate health, and encourages men to take a more pro-active interest in their overall health situation, by promoting stimulation for independent thought, analysis and action.*

NEXT MEETING

The next meeting is on the
28th June.

The speaker will be Dr
Carole Pinnock,

Principal Research

Scientist, Urology Unit

Repatriation General

Hospital, Division of Surgery

Please endeavour to attend
this interesting presenta-
tion.

The Masonic Foundation Inc.**Proudly presents****The 2007 FREEMASONS ART EXHIBITION**

(Patron: Lady Joan Neal, AM, DStJ)

To be held in

The Great Hall of the Adelaide Masonic Centre

254 North Terrace

On 15, 16 and 20, 21, 22, 23 September 2007

Proceeds to Men's Health Projects including Prostate Cancer Research & The Cancer Care Centre Inc.**Angry's Crusade**

Rock legend Angry Anderson will be the face of a prostate cancer campaign this month, fulfilling a promise he made to his best mate on his deathbed.

The singer swore he would "make a noise" about the disease, which killed his Rose Tattoo band mate Peter Wells last year. To encourage men to have regular checks, Anderson will warn of the consequences of leaving it too late in a series of TV community service announcements. The cancer kills about 2700 Australian men a year.

Sunday Mail 3/6/07

Natural Medicine 'fights cancer'

FLAXSEED slowed the growth of prostate tumours in men, while ginseng helped relieve the fatigue felt by cancer patients, U.S. researchers found in two of the first scientifically rigorous looks at alternative medicine.

"Patients are taking these compounds but we need to know if they are doing any good or any harm," Dr Bruce Cheson, of Georgetown University Hospital, Washington, said.

Researches evaluated flaxseed's role as a food supplement in 161 men scheduled to undergo prostate cancer surgery. They found the tumour growth slowed in those eating flaxseed, which is rich in omega 3 fatty acids and lignans. In the ginseng trial, about a quarter of cancer patients who took a 1000mg or 2000mg dose said their fatigue symptoms were "better".

Advertiser 4/6/07

Landis Rides

Cycling: While he waits word on whether his 2006 Tour de France victory will be upheld, Floyd Landis will race for charity this week-end, the first time he's competed since his tour win last year.

Landis will race in both cycling legs of a four part team event that includes mountain biking, road cycling, kayaking and running. He is racing for Athletes for a Cure, a program that helps athletes raise money to fight prostate cancer.

Advertiser 1/06/07

...and so the saying goes....If it wasn't for venetian blinds , it would be curtains for everyone.