

# **Adelaide-Mitcham Prostate Cancer Support Group Meeting**

**Thursday 22nd February 2018**

**Online exercise guidance tool for men with  
metastatic prostate cancer - Harshani  
Jayasinghe, University of Adelaide, AGM,  
discussion evening for members/visitors**

**Where:** Colonel Light Gardens RSL Club  
4 Prince George Parade  
Colonel Light Gardens

**Time:** 7.00p.m. - 8.45p.m. (Tea/coffee provided)

**Contact:** For more information:  
Ralph 0406 006 654, Roland 0438 604 323  
or visit [www.adelaide-mitchampcsg.org](http://www.adelaide-mitchampcsg.org)

**All are welcome to attend**