

**F** *We are here* **Y**  
**O**  **O**  
**R** *And, your Family* **U**



**PROSTATE CANCER SUPPORT  
City of Onkaparinga Group  
South Australia**

**An affiliate Member of the Prostate Cancer  
Foundation of Australia,**

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**Our Website:**  
[www.pcsog.org](http://www.pcsog.org)



Malcolm Ellis

Mark Milosevic

John Shields

**OUR GOLDEN RULE: We do not give medical advice, your GP, your Urologist and Allied Health Professionals are the only people who are legally qualified to give you medical advice.**

**We do however give you our wholehearted support.**

**Thank you to Noarlunga Community Hospital for allowing us to use the Boardroom for our meetings. Thanks also to our Sponsors: Southern Primary Health and to all who support us.**

**JANUARY 2018 NEWSLETTER (No 154)**

**Your own local Newsletter**

**Our Editor John Shields accepts responsibility for the content of this newsletter.**

**JANUARY HOLIDAY REPORT**

**MAY YOU HAVE A VERY HAPPY NEW YEAR**

**FROM ALL OF YOUR FRIENDS AT THE  
CITY OF ONKAPARINGA  
PROSTATE CANCER SUPPORT GROUP**



**NEW BREAST CANCER DRUGS**

<http://www.telegraph.co.uk/news/health/news/11644508/Amazing-new-breast-cancer-drugs-could-extend-life-of-sufferers.html>

## LEGALISE MARIJUANA

[http://thebreastcancersite.greatergood.com/clickToGive/ad.click?siteId=2&adId=189661&placementId=503769&page=home&media=2017-05/468x250petition\\_170524084751.jpg](http://thebreastcancersite.greatergood.com/clickToGive/ad.click?siteId=2&adId=189661&placementId=503769&page=home&media=2017-05/468x250petition_170524084751.jpg)

## THE SYMPTOMS OF DEPRESSION



ar-AAuxcIN-li=AAab  
C8j&ocid=spartandh

## PROSTATEPEDIA



Prostatepedia  
Weekly 12 15 17.msg

## WHEN YOUR FRIEND HAS CANCER

<https://www.cancer.net/coping-with-cancer/talking-with-family-and-friends/supporting-friend-who-has-cancer>

## WHEN SOMEONE YOU KNOW HAS CANCER

<https://www.cancer.org/treatment/understanding-your-diagnosis/talking-about-cancer/when-someone-you-know-has-cancer.html>

## CANCER HAS GONE TO THE BONES

[http://thebreastcancersite.greatergood.com/clickToGive/ad.click?siteId=2&adId=143233&placementId=503776&page=home&media=2014-11/468x250storysta\\_141111094746.png](http://thebreastcancersite.greatergood.com/clickToGive/ad.click?siteId=2&adId=143233&placementId=503776&page=home&media=2014-11/468x250storysta_141111094746.png)

**WE HOPE THAT YOU HAVE HAD A GREAT FESTIVE SEASON  
AND THAT 2018 IS A MUCH BETTER YEAR FOR YOU ALL.**

**OUR NEXT GET TOGETHER AT RITO'S IS ON  
THURSDAY JANUARY 18<sup>TH</sup> 2018 AT 12 NOON.**

**AND**

**OUR NEXT MEETING IS  
ON WEDNESDAY FEBRUARY 7<sup>TH</sup> AT 6.30PM  
AT NOARLUNGA HOSPITAL  
OUR GUEST SPEAKER IS ADAIRE PROSSER  
PHARMACIST AT THE HOSPITAL.**