

F *We are here* **Y**
O  **O**
R *And, your Family* **U**



**PROSTATE CANCER SUPPORT
City of Onkaparinga Group
South Australia**

**An affiliate Member of the Prostate Cancer
Foundation of Australia,**

**OUR GOLDEN RULE: We do not give medical
advice, your GP, your Urologist and Allied
Medical Health Professionals are the only people
who are legally qualified to give you medical
advice.**

**WE DO HOWEVER, GIVE YOU OUR
WHOLEHEARTED SUPPORT.**



Malcolm

Mark

John

Thank you to Noarlunga Community Hospital for allowing us to use the Boardroom for our meetings, and to all who support us.

**APRIL 2018 NEWSLETTER (No 157)
Your own local Newsletter**

Our Editor John Shields accepts responsibility for the content of this newsletter.

 **APRIL 2018 REPORT.**

Present: 6

Apologies: Mark Milosovic

Once again our meeting started with a Round Robin and members brought us up to date regarding their current situations.

We then had a general discussion about future activities for our Support Group and enjoyed each others company and supper.

Our get together in June:

Just a reminder that we need to choose the venue for our luncheon in June.

**Will we go back to the Aussie Inn or is Fresh Choice the best choice?
We can talk about this at our May meeting.**

From the Breast Cancer site:

Preventing Drug Resistance

http://thebreastcancersite.greatergood.com/clickToGive/ad.click?siteId=2&adId=199947&placementId=508742&page=home&media=2018-03/468x250newsthis_180306104559.jpg

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Inspirational survivor story

http://thebreastcancersite.greatergood.com/clickToGive/ad.click?siteId=2&adId=154823&placementId=496933&page=home&media=2014-10/468x250storybcs_141021114514.png

Ten Red Flag Symptoms – Testicular Cancer

http://thebreastcancersite.greatergood.com/clickToGive/ad.click?siteId=2&adId=187646&placementId=507860&page=home&media=2017-03/468x250news12si_170329075631.jpg

From the Australian Prostate Cancer Research Society (au) site

<https://www.ausprostatecancer.com.au/family-history-and-prostate-cancer-vital-research-underway/>

Sepsis

http://thebreastcancersite.greatergood.com/clickToGive/ad.click?siteId=2&adId=195472&placementId=508815&page=home&media=2017-11/468x250newscanc_171107093241.jpg

Caregiver family meetings etc. (Double left click then Open)



5 Essential Parts of Successful Caregiver



Protecting a Parent Who Is in Assisted Liv



FBI Tips for Protecting Against 3 I



How to Cope with Common Stroke Side I



New dates for Group Art Therapy at the C:



5 Biggest Issues That Sabotage Family



House Call Doctor Visits Make Life Easier



Respite Care Services Give Caregiv



When Your Prostate Cancer Recurs.msg



Prostatepedia Weekly 3 2 18.msg

BUNNINGS:

The dates for our Support Group's PCFA collection days at Bunnings for May are:- Thursday the 3rd, Friday the 4th, Saturday the 5th and Sunday the 6th. We will not be collecting during the winter months of June, July, August and September, and have agreed to resume collecting for the PCFA in October.

Rito's:

Support Group members, their family and friends, are invited to attend a luncheon, or have a cup of tea or coffee, and a friendly chat, at Rito's Café 101 Beach Road Christies Beach, on the **third Thursday after each Support Group meeting. This is proving to be a good opportunity to just relax and talk about life in general, and gives real meaning to the word "Support."**

Newsletters received with thanks from:

Andrology Australia, Prostate Melbourne, Prostate Heidelberg & Sydney Adventist Hospital Prostate Cancer Support Group.



**OUR NEXT MEETING IS ON WEDNESDAY 2nd MAY 2018 AT 6.30PM.
OUR GUEST SPEAKER IS – TO BE ADVISED
WE LOOK FORWARD TO SEEING YOU THERE.**