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And, your Family



PROSTATE CANCER SUPPORT

City of Onkaparinga Group

South Australia

An affiliate Member of the Prostate Cancer Foundation of Australia, and a member of:-

The PCFA Central Australia Chapter

<http://pcfacentralaustraliachapter.org>

Mail us at:

PO Box 627

**Noarlunga Centre,
SA 5168**

Telephone:

John:(08) 8382 6671

jshields@iinet.net.au

www.pcsog.org

Malcolm: (08) 8326 5588

malell@iinet.net.au

Jules: (08) 8325 8100

Brian: (08) 8556 2012

OUR GOLDEN RULE: We do not give medical advice, your GP, your Urologist and Allied Health Professionals are the only people who are legally qualified to give you medical advice.

We do however give you our wholehearted support.

Thank you to Noarlunga Community Hospital for allowing us to use the Boardroom for our meetings. Thanks also to our Sponsors: Southern Primary Health and to all who support us.

JUNE 2011 NEWSLETTER (No 84)

Your own local Newsletter

Our President/Editor John Shields accepts responsibility for the content of this newsletter.

MID-YEAR BBQ

HELD AT WILLUNGA LIONS SALEYARD

SUNDAY JUNE 5th 2011.

Present: 23

We had apologies from Rhona, Norman, Ivan, and Gladys. Please forgive me if I have missed anyone, as I have a good forgettery these days. (John)

Our invited guests included Mayor Lorraine Rosenberg, MP for Kingston Amanda Rishworth and Lions President Lou Pfeiffer and his wife Shirley.

We had a very enjoyable day together again and members appreciated the opportunity of meeting in a less formal, relaxed setting. Once again thank you to everyone who donated prizes for the raffle which is always popular and raised \$84.00 for our Group.

Thanks also to Brian and Peter for their work with the Barbie and special thanks to our Mayor, Lorraine Rosenberg for taking care of the onions-not an easy job. Unfortunately this will be the last BBQ at Willunga as our good friend Brian is finding it difficult to do all that needs to be done. We understand this, and thank Brian and Rhonda very sincerely, for enabling us to have our BBQ's there for so long.

Fleurieu Cancer Network:

The following is a request from Jules, to ask our members if anyone would like to tell their Prostate Cancer story. FCN is hoping to rebuild and move a step forward. We would like to see if anyone involved with the City of Onkaparinga Prostate Cancer Support Group, and other Support Groups, would be interested to help

move and improve Cancer Services for the South. I'm hoping to get a coalition of representatives from Support Groups in Onkaparinga together Jules said. We want to maintain a high profile in our local community and working together with other like minded people and their Cancer Support Groups is a big step in the right direction. I will certainly be finding out more about this and will bring you up to date at our July meeting. (John)

Bunnings BBQ:

Many thanks to Bunnings for once again allowing us to have a BBQ in September.

This will be held at Bunnings Noarlunga Store on Saturday the 3rd of September, from 9.00 am to 5.00pm. This is the day before father's day so will be very busy and locals know, that a lot of people have to walk past the BBQ to go into Bunnings to do their shopping. They also have to walk right past the BBQ on their way out and the smell of the Barbie and especially fried onions is very hard for them to resist. If you can spare some time during the day to assist with the BBQ we will certainly appreciate your help. Our Mayor Lorraine Rosenberg has kindly offered to give her time and energy to take charge of the onions so that will be a big help thanks Lorraine.

Update re a new Group being formed at Gawler:

Chapter Chairman Malcolm and Beverley, myself and Phyllis, Bryan and Kay and John & Dianne, went to Gawler for a meeting on Wednesday 21st June. Chapter Secretary Bryan took some notes so I will leave the main report to Bryan however even though we outnumbered the Prostate Cancer survivors at the meeting, I felt that it was important that we attended as it showed those who were present that Chapter members have the best interests of the new Group at heart and are prepared to support the Group with their efforts to get an effective Support Group up and running.

Newsletters received with thanks from Prostate Melbourne, Prostate Heidelberg, Hobart Prostate Cancer Support Group, Cancer Support Centre-Sydney Adventist Hospital and Prostate News.

**OUR NEXT MEETING
WEDNESDAY JULY 6TH 2011 AT 6.30PM.
IN THE BOARDROOM
AT NOARLUNGA COMMUNITY HOSPITAL
OUR GUEST SPEAKER
IAN CRAMOND
"FORENSICS" (RESPONSE)**