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And, your Family



PROSTATE CANCER SUPPORT

City of Onkaparinga Group South Australia

An affiliate Member of the Prostate Cancer
Foundation of Australia

Our Patron

~Councillor Artie Ferguson ~

We are also a member of
The Association of Prostate Cancer Support Groups (S.A.) Inc.

OUR GOLDEN RULE: We do not give medical advice, your GP, your Urologist and Allied Health Professionals are the only people who are legally qualified to give you medical advice.
We do however give you our wholehearted support.

Thank you to Noarlunga Community Hospital for allowing us to use the Boardroom for our meetings. Thanks also to our Sponsors: Southern Primary Health Woodcroft, Port Noarlunga-Christies Beach RSL Sub Branch, Thaxted Park Golf Club Inc, The Original Open Market, and to all who support our Group.

OCTOBER 2010 NEWSLETTER (No 76)

Your own local Newsletter

*Meeting held in the Boardroom at
NOARLUNGA COMMUNITY HOSPITAL
IN THE CITY OF ONKAPARINGA*

On Wednesday September 1st 2010, from 6.30pm to 9.00pm.

Chair: John Shields.

Present: 13

Apologies: Ian Curtis.

Welcome: We welcomed Brian & Anne Crosbie & Dave Orr to our meeting tonight and it was good to see that they got something out of the meeting and Dr Tran's presentation.

After reading and tabling the correspondence, including the DECLARATION OF SUPPORT GROUP DELEGATES TO THE CONFERENCE (The PCFA International Conference Gold Coast, 8th August 2010), our Chairman handed over to Malcolm Ellis, Chairman of the Central Australia Chapter who spoke of concerns that he has about the future directions of the Ambassador Program and who then introduced our Guest Speaker, Radiation Oncologist Dr Phuong Tran



Dr Tran gave a very interesting power-point presentation, as indicated in the photo, about Radiation Treatments and affects.

I did not take a lot of notes however the steps that are taken seem to be. The patient getting to know their Doctor, and planning for the treatment.

Usually an X-ray will be taken while the patient lies under a machine known as a Simulator, then the X-rays will be examined and the Doctor will mark them in the places

where the patient is to receive treatment. Sometimes tattoos will be made to mark the edge of the radiation therapy field on the patients skin. Then a set up is done to make sure that the treatment is delivered exactly as designed during Simulation. There is no pain as it is just like getting a photo taken, however the patient must go back for treatment each weekday for six weeks until the treatment is completed. Dr Tran has agreed to be Guest Speaker for the other Prostate Cancer Support Groups and it will be good if we can get a more detailed and accurate account of her presentation for future reference.

Bunnings BBQ

We joined with Bunnings for their BBQ on Friday the 3rd and took the opportunity to also attend on the Saturday to hand out the Be A Man Pamphlets and sell our PCFA Blue Prostate Cancer Pins and the PCFA Stickers. Two great days.

Paul Redman, PCFA Support Group Services Manager has assured our Support Groups that monies raised at the BBQ will be deposited in the relevant Support Group's Bank account.

Declaration of Support Group Delegates.

Enclosed please find a copy of the PCFA International Conference Gold Coast, 8th August 2010 DECLARATION OF SUPPORT GROUP DELEGATES TO THE CONFERENCE. Plus copies of the June BBQ report.

AWARENESS MEETING AT MOUNT GAMBIER:

This was attended by Chapter chairman Malcolm Ellis and his wife Beverley, Action Group member and prime mover Jeff Roberts, Chapter Secretary Bryan Hearn and his wife Kay, John Baulderstone and yours truly.

I will leave the reports to Jeff and Bryan but I must say that I was very impressed with the number of people who attended and the interest shown by them. A lot of work went into organising such a well attended and successful event and I wish to congratulate all who were involved. If the interest shown is any indication of what to expect from a newly formed Support Group, then my expectations are very high that a well organised group of people will work together and form a very strong Support Group on Thursday October 7th 2010. (John)

The photo's below are a previous photo of Keynote Speaker Professor Villis Marshall and Chapter Chairman Malcolm Ellis, and Malcolm giving his address to the meeting.



**OUR NEXT MEETING
WEDNESDAY, OCTOBER 6th 2010 AT 6.30PM
OUR GUEST SPEAKER
Dr GRANT BUCHANAN-MOLECULAR BIOLOGIST**