

**We are here  
FOR YOU  
and Your Family**



# **PROSTATE CANCER SUPPORT**

## **City of Onkaparinga Group South Australia**

An affiliate Member of the Prostate Cancer Foundation of  
Australia

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*Our Patron*

*~Councillor Artie Ferguson ~*

We are also a member of  
The Association of Prostate Cancer Support Groups (S.A.) Inc.

### OUR GOLDEN RULE:

We do not give medical advice, your GP, your Urologist and Allied Health Professionals are the only people who are legally qualified to give you medical advice.  
We do however give you our wholehearted support.

## MAY 2007 NEWSLETTER.

**BBQ held at the Lions Willunga Sale Yard**

**On Sunday, May 6<sup>th</sup> 2007.**

**Thank you to Willunga Lions Club for allowing us to use this great facility.**

**Also:**

**Thank you to Noarlunga Community Hospital for allowing us to use the Boardroom for our meetings. Thanks also to our Sponsors: Southern Primary Health-Woodcroft, Port Noarlunga-Christies Beach RSL Sub Branch, Thaxted Park Golf Club Inc. The Original Open Market, and to all who support our Groups.**

### OUR BBQ IN MAY.

**Present: 31**

**Our thanks again to Willunga Lions Club, represented by President Wolf Hirsch and his wife Merle.**

**Apologies: Jules, John and Dawn, and Ray**

**A big welcome and thank you for attending, to our official guests, Kym Richardson, MP for the Seat of Kingston, and Lorraine Rosenberg, Mayor of the City of Onkaparinga.**

**And a special welcome to Wayne & Bobette, Chris & Chene, Joe, Mel & Shirley.**

**Once again the BBQ was a great success and we can start planning now for our Christmas BBQ.**

**The food was very good too, with the ladies bringing along some lovely salads, and cakes. I can't imagine why there was any left. We needed at least six more people.**

**The meat, from Springfield Meats, at Colonnades was very tasty, a good price, and expertly BBQ'd by our Chief Chef, Brian Foreman.**

**Many thanks to all who helped with the BBQ, and importantly, helped to make it such an enjoyable event.**

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**We were expecting to see our Federal Member of Parliament, Kym Richardson, who presented our group with an “interesting cheque” from the Federal Government, to buy a new Computer and Software etc for which we are very, very, grateful.**

**The surprise of the day however, was a visit from our very own Mayor of the City of Onkaparinga, Lorraine Rosenberg.**

**We know that Lorraine also has an interest in our Cancer Support Network and we will continue to keep both Lorraine and Kym informed of our activities.**

### **Awareness Evening at Strathalbyn.**

**A successful Awareness Evening was held at Strathalbyn recently, attended by Malcolm, Beverley, Phyllis and yours truly.**

**Malcolm spoke to the meeting about his own personal experience with Prostate Cancer and this was well received.**

**It is always good to listen to Guest Speakers, plus Men and Women talking from the heart about their own personal experience with Prostate Cancer.**

### **Kapunda Farm Fair. 27<sup>th</sup> and 28<sup>th</sup> April.**

**The Action Group stalwart, FRED accompanied members to a rather wet Kapunda Farm Fair.**

**If the smiles on the Farmers faces, we saw trudging around in the mud recently, (on TV) is any indication, it would have been a very happy event.**

**Reports are, that there was a lot of interest in the Prostate Cancer information stand, with fifty inquiries over the two days.**

### **Reg and Gary.**

**Slowly progressing is the latest report, and we hope that the news keeps on getting better for these two stalwarts of Prostate Cancer Support.**

**Who said that?**

**(Definitely not me-I'm a confessed coward where this is concerned, John.)**

**Two Men, an elderly gent, and a young bloke are pushing their shopping trolleys along the supermarket aisle when they collide.**

**The elderly gent says to the young bloke. “Sorry about that. I’m looking for my wife, and I guess I wasn’t paying attention to where I was going.”**

**The young bloke says. “That’s OK, it’s a coincidence, I’m looking for my wife too. I can’t find her, and I’m getting a bit desperate.”**

**The elderly gent says. “Well maybe we can help each other, what does your wife look like?” The young bloke says, well, she is 25 years old, tall, with blond hair, blue eyes, long legs, she’s well proportioned-if you know what I mean-and she’s wearing a halter top and no bra. “What does your wife look like?”**

**The elderly gent says, it doesn’t matter**

**Let’s look for yours.**

**A long-term member of the Barossa/Gawler PSA Group said this about relationships.**

**Let's cuddle up and hold each other close dear,  
but don't get too excited when we do.  
Cos at our age all we really want is warmth dear,  
and I don't feel much like making love, do you?**

**I'd have to get me teeth out of the jar dear,  
to nibble on your ear like days gone by.  
You'd need your see through nightie from the drawer dear,  
to try and raise a sparkle in me eye.**

**I'm not sure me heart could take the strain dear,  
as you flaunt your wrinkled skin for me to see.  
Perhaps I'd need a tablet to relax dear,  
so the sight of you won't be the death of me.**

**I remember how it was when we were young dear,  
and we made love two or three times every night.  
But since our youth became a distant dream dear,  
the thought of once a year gives me a fright.**

**No, maybe we'll give sex a miss tonight dear,  
and throw another blanket on the bed.  
Forget the raging fires of our youth dear,  
and warm ourselves with Ovaltine instead.**

**Thanks to the Barossa/Gawler PSA Group for that, and like they say, possibly not everyone will agree.**

**Meeting with Andrew Giles:**

**Malcolm, Peter and yours truly, along with other Support Group representatives attended a meeting with Andrew Giles, CEO of The Prostate Cancer Foundation of Australia on Wednesday, 9<sup>th</sup> May.**

**This meeting would have been of some interest to the PCAG, and perhaps SAC members, but of very little interest to our Prostate Cancer Support Group.**

**Malcolm asked Andrew to come and have a talk with us some time in the future, and Andrew quite readily agreed.**

**It will be good to have a private meeting with Andrew, next time he is in Adelaide, and we look forward to this.**

## **OUR NEXT MEETING**

**WEDNESDAY, 6<sup>TH</sup> JUNE 2007 FROM 6.30PM TO 9.00PM.**

**THIS WILL BE AN OPPORTUNITY TO REVIEW OUR NOTES FROM THE APRIL MEETING, (PLEASE BRING YOUR NOTES), TALK ABOUT THE BBQ, AND HAVE A GENERAL SUPPORTIVE CHIN WAG.**

**GENTLEMEN: PLEASE BRING YOUR WIFE/PARTNER TO THE MEETINGS WITH YOU.**